

**WHOLE HEALTH PLUS
Counseling Application**

Internal Use Only
Today's Date & Time: _____
DSM V, Axis I Code: _____
Circle Type: I, C, F, G or Assessment Only

FULL Name: _____ D.O.B. _____

Address: _____

Preferred phone #: (indicate if NOT okay to leave messages): _____

E-mail: _____ Employed? Y/N?

Emergency contact (name, relationship & phone #): _____

Check if Single Married In relationship Separated Divorced
 Widowed Engaged Children or Pets? If yes, list names and what ages?

Indicate all current physical health problems or medical diagnosis? aches/tension
 neck/back problems, organ or gland dysfunction (i.e. liver, bladder, lung, skin, reproductive, etc.) allergies high blood pressure easily sick, other issues:

Please list current medications or supplements and what they are for:

Who prescribes your medication or provides any additional treatment or help?

Any past and/or present legal, criminal or abuse involvement? Y/N?

Has anyone tried to hit or threaten you or make you feel unsafe? Y/N?

Do you feel uncomfortable, unsafe or in danger by anyone currently? Y/N?

If yes, do you have a safety/crisis plan or a trusted friend to stay with? Y/N?

Any past or recent suicidal or homicidal thoughts, attempts or plans? If yes, how many times, when & how? _____

Any self-injurious behaviors (i.e. cutting, bulimia) Y/N? or addictions (i.e. alcohol/drug abuse, pornography, gaming, phone, food)? _____

SELF PAY OR CO-PAY due at time of visit. \$75/hour \$110/90 minutes

Insured? Y/N? If yes, do they offer Mental Health Coverage? Y/N?

Indicate if someone other than you are responsible for payment and please sign a release and list name, e-mail and phone number of this third party: Y/N?